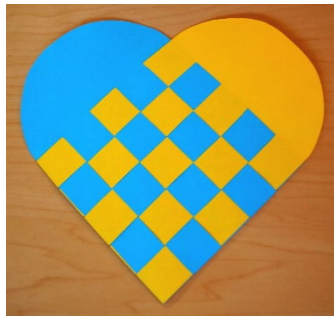
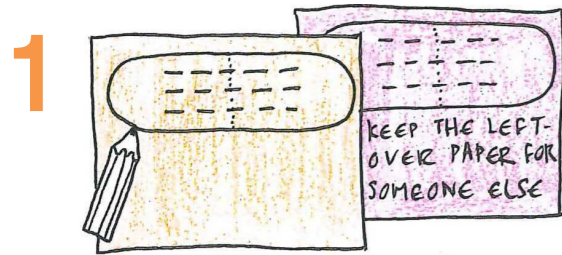


# Explore More... Woven Heart Baskets

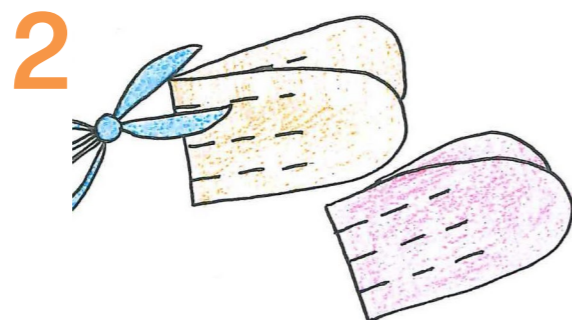
## The Box



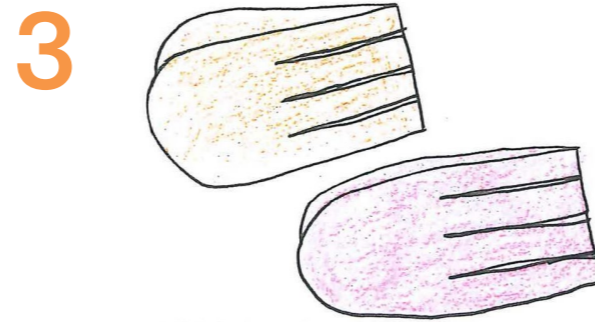
The exact age and origin of the tradition of making woven paper hearts is unknown, but the oldest known pleated heart was made by Danish author Hans Christian Anderson in 1860 and is located in the Hans Christian Anderson Museum in Odense, Denmark. His didn't have a handle, but with handles they are popular as Christmas ornaments and have become a traditional paper craft in Scandinavian countries, normally used for hanging treats on Christmas trees. You can also get creative with these celebrate people you love on Valentine's Day. These paper hearts are fun and easy to make. Fill them with sweets, little flowers or a message and give them to friends and loved ones. If you've had a go at this activity, why not share your make with us on Facebook or Instagram and let us know how you got on? Don't forget to tag @theboxplymouth.



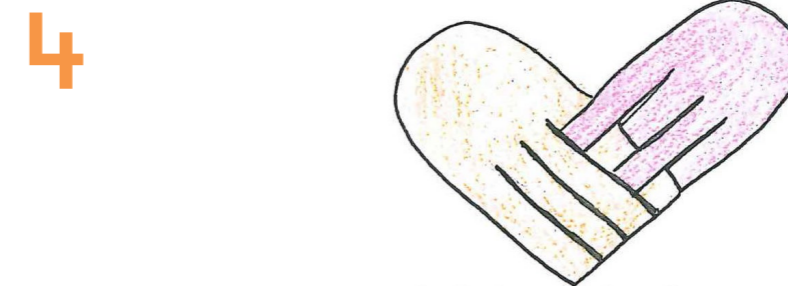
1 Take two pieces of paper in different colours, and draw around the cardboard templates so that you have two of the lozenge shapes drawn on two colours.



2 Cut out the two shapes. Fold them in half and cut along the dashed lines.



3 Open and fold the shapes the other way so the dashed lines are on the inside.



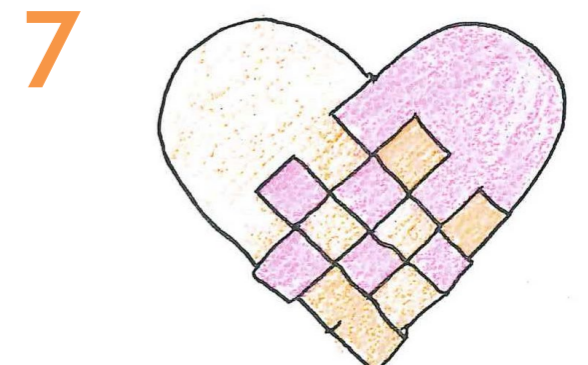
4 With the folded ends facing each other, weave the first strip of paper (orange) between the 2 layers of the pink strip. Instead of the traditional over and under weaving technique you'll be weaving inside and out. This is what creates the pocket.



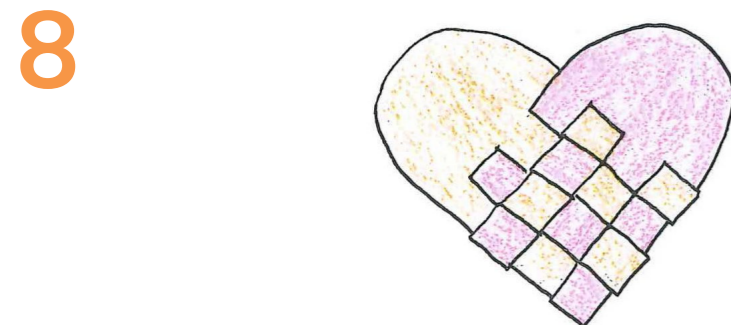
5 Next thread the pink strip between the orange strip. Then orange through pink. And finally pink through orange.



6 For the second row you need to do the same thing as you did with the first row except this time you're going to reverse the order. So the pink strip goes through the orange and then the orange through the pink. You should be able to see a checkerboard pattern beginning to form.



7 Keep weaving and alternating until all of the strips are woven together.



8 The weaving does get a bit trickier as you go along and the final strip does take a bit of wiggling as there's not much room left for the paper to move. It helps to push and shift the strips into position



9 Finally, add the handle, sticking it with tape inside your woven heart and fill it with goodies. Now all you need to decide is: who you will you give your heart to this year...!